



## WELCOME

*The El Paso Aqua Posse would like to invite you to our 23<sup>rd</sup> Annual summer swimming invitational to be held on July 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup>, 2009, at the Pavo Real Aquatic Center. This is a **LONG COURSE A-B-C MEET** open to all USA Swimming and F.I.N.A. registered members. Each summer, teams from around the Southwestern United States and Northern Mexico descend on El Paso for some sun, fun, and fast swimming. We look forward to seeing you.*

Visit our Website at: [www.aquaposse.org](http://www.aquaposse.org)

---

**2009 Aqua Posse International LC Swim Meet**  
July 10<sup>th</sup>-12<sup>th</sup>, 2009

**LOCATION:**

**Pavo Real Aquatic Center**

110 Presa Place  
El Paso, Texas 79907  
Phone (915) 858-6315

**DIRECTIONS:**

**Directions to the pool from West using I-10:**

Take I-10 East to the Americas Ave. Exit (Loop 375 North). Exit I-10 and enter Loop 375 going south. Exit at the Alameda Ave. Turn right on Alameda and drive ½ mile to Presa. Turn right and the pool is on the right.

**Directions to the pool using Border Highway (Loop 375).**

Travel Loop 375 North and take exit at Socorro Rd.. Go forward past stop light at Socorro Rd. and proceed to Alameda Ave. Take a left onto Alameda and drive ½ mile to Presa. Turn right and the pool is on the right.

**FACILITIES:**

flags

**The Pavo Real Aquatic Center** is an outdoor, 10 lane 50-meter pool. 9 lanes will be used for competition and 1 lane for warm-up and cool-down. Colorado Electronic Timing and Hy-tek Meet Manager will be used. Sloped starting blocks and turn

are in place. Separate dressing rooms, showers and lavatories for men and women are available. There is limited shaded seating on the deck for a clear view of the entire pool.

**MEET FORMAT:**

This is an A-B-C meet, Pre- Seeded, Long Course Age Group Meet. All events will be timed finals, seeded only by time, age, and gender. Age groups may be combined for competition and then separated for results. Depending on the number of swimmers, over-under starts may be used throughout the meet (except backstroke events). Events will be swum fastest to slowest. We reserve the right to cap the number of swimmers entered in order to comply with USA Swimming time requirements.

**SWIMWEAR:**

(patella).

Swim suits worn by males in all 14 & under age group competition shall not extend above the waist nor extend further down the legs than the top of the kneecap

Swimsuits worn by females in all 14 & under age group competition shall not extend past the top of the shoulders, cannot cover any part of the arms nor extend further down the torso than the buttocks. Suits for both genders (14 & under) may not contain non-permeable panels. Moreover, swimmers may wear only one suit in competition (FINA GR 5.3). **This rule also applies to 13 & 14 swimmers swimming in 13 & over events.** The Referee shall have authority to bar offenders from competition until they comply with rule (102.9.1C).

**2009 Aqua Posse International LC Swim Meet**  
July 10<sup>th</sup>-12<sup>th</sup>, 2009

**SCHEDULE:**

<b>Friday</b>	Session 1:	Warm-up	7:00 AM
		Start	8:15 AM
		<b>**Time Trials between sessions 1 &amp; 2</b>	
	Session 2:	Warm-up	2:00 PM
		Start	3:15 PM
<b>Saturday</b>	Session 3:	Warm-up	7:00 AM
		Start:	8:15 AM
		<b>**Time Trials between sessions 3 &amp; 4</b>	
	Session 4:	Warm-up	2:00 PM
		Start	3:15 PM
<b>Sunday</b>	Session 5:	Warm-up	8:00 AM
		Start	9:15 AM
		<b>**Time Trials after session 5</b>	

**MEET SANCTION:**

**Border Sanction # BD0909** This meet is sanctioned by Border Swimming, Inc. and 2009 USA Swimming rules and Border Swimming policies apply. All swimmers must be 2009 registered USA Swimming or 2009 FINA member registered athletes.

**TIME TRIALS:**

**Time Trial Sanction #BD0910** Time trials will be held, time permitting, for meet participants between sessions 1 and 2 on Friday, between sessions 3 and 4 on Saturday, and after session 5 on Sunday. Time trial entries will be accepted between 9:00 – 11:00AM on Friday, Saturday and Sunday. The cost is \$10 per event. A swimmer may enter a maximum of one time trial event per day. Time trial events will **NOT** count toward a swimmer's total number of events as outlined in the Entries section. The time trial referee will determine event order.

**LIABILITY:**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the BORDER SWIMMING, INC., EL PASO AQUA POSSE SWIM CLUB, and the CITY OF EL PASO, TX. and all sponsors shall be free from any liabilities or claim for damages arising by reason of injuries to anyone during the conduct of the event.

**ENTRY DEADLINE:**

**Thursday, June 25, 2009**

**ENTRIES:**

Swimmers may enter **4 individual events per day** (not including time trial events). The age of the swimmer for the competition will be his/her age on July 10, 2009. Enter all events with previous best times achieved in **long course meters. "BB" times (or better) are required to enter events 400 meters and longer.**

All teams entered in this meet should submit their entries using Hy-Tek Team Manager software. **All teams or individuals that choose not to use Hy-Tek and send entries on paper only will be assessed a \$2.00 processing fee per swimmer.** Please send the diskette, a hard copy printout of your teams' entries (by swimmer and with correct event numbers), a hard copy of the meet entry fees report, and your check to the address below.

Alternatively, you can email entries to the entry chair. If you email entries, also send a Word document of the entries (by swimmer with correct event numbers) and a Word document of

## **2009 Aqua Posse International LC Swim Meet**

July 10<sup>th</sup>-12<sup>th</sup>, 2009

the meet entry fees report. Please be sure we receive your check prior to the start of the meet.

Send your payment to the address below. No phone or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will not be accepted or processed.

**ENTRY CHAIR:** Jeff Ellsworth  
7208 Tierra Taos  
El Paso, TX 79912  
(915) 373-6116  
[jellswor@elp.rr.com](mailto:jellswor@elp.rr.com)

**SEEDING:** This meet will be pre-seeded for all events with the exception of events 400 meters and longer, which will be deck seeded. **Check-in** will be required for all events 400 meters and longer.

**ENTRY FEES:** **\$3.50 per individual event** which INCLUDES the Border splash fee of \$1 per event. Relays are \$5 per entry.

Make checks payable to: **El Paso Aqua Posse**

**LATE ENTRIES:** Late entries will be accepted on deck at **\$7.00 per event** (which includes the Border late splash fee of \$2). Late entries will be taken if space allows. **No new heats will be created.** Deadline for late entries is 30 minutes before the scheduled start of each session. Swimmers must be 2009 registered. There will not be on-deck registration.

**SCORING:** The top twelve swimmers in each age group will score. Points are awarded 1<sup>st</sup> through 12<sup>th</sup> as follows: 13-11-10-9-8-7-6-5-4-3-2-1. Relays score double.

**AWARDS:** Ribbons, 1st through 8th place, will be awarded to individual event winners according to the following age groupings: 8 & under, 9-10, 11-12, 13-14, 15-16, and 17 & over. Relay winners (10 & under, 11-12, 13-14, 15 & over) will be awarded 1<sup>st</sup>-3<sup>rd</sup> place ribbons. The top 3 individual high point finishers per age group will receive awards (Ties will be broken using Hy-Tek Age Group points).

**MEET REFEREE:** Mike Engelbaum      915-204-1297      [mengelbaum@farmersagent.com](mailto:mengelbaum@farmersagent.com)

**MEET DIRECTOR:** Maribel De Jesus      915-256-9077      [dejesusept@aol.com](mailto:dejesusept@aol.com)

**WARM-UP:** Border mandatory warm up procedures will be enforced. A USA-Swimming/FINA registered coach for each swim team must be present to conduct their team's warm up sessions. Warm up times and lane assignments will be posted at the pool.

**2009 Aqua Posse International LC Swim Meet**  
*July 10<sup>th</sup>-12<sup>th</sup>, 2009*

- Any and all unattached or unattended swimmers should arrange for a certified coach to observe them during warm up, competition, and warm down. Any unattached or unattended swimmers who have not made previous arrangement with a coach to observe them shall contact the Meet Referee or the Meet Director for assistance in arranging appropriate observation.
- All coaches and officials will serve as safety marshals during warm ups and will be responsible for monitoring and enforcing safety rules and regulations in assigned warm up lanes. Safety marshals will also be present. Coaches must actively supervise their swimmers throughout the warm up session.
- Appointed safety marshals are members of USA Swimming and have the authority to remove from the deck, for the remainder of the warm up session, any swimmer or coach who is in violation of safety guidelines or warm up procedures. The Meet Referee may exercise additional adjudication authority as necessary.
- Coaches shall maintain as much contact with their swimmers, both verbal and visual, as possible during the warm up period.
- The first twenty (20) minutes of each session shall be designated as a **GENERAL WARM UP SESSION**. There shall be **FEET FIRST ENTRIES ONLY AND AT ALL TIMES** during the general warm up session. Lanes may be used for pace, circle, or return swim only. Swimmers shall not mount the starting blocks at any time. The pace shall be carefully controlled by the coaches. Loitering and visiting in the lanes is not allowed.
- During the last TEN (10) minutes of each warm up session sprint lanes shall be open as follows: the lane you have been assigned for warm-up will be your sprint & return lane. Before using sprint lanes, they must be cleared of all swimmers. There will be **NO DIVING** at any time. **RACING STARTS ONLY** will be allowed at the far end, but the swimmers swim back in return lanes. Coaches shall stand near the start end of the pool when starting swimmers on sprint and pace work.
- There shall be **NO DIVING** at any time during the meet. Swimmers in backstroke events or the backstroke leg of the medley relay, **MUST ENTER THE WATER FEET FIRST**.
- Swimmers shall not step onto the starting blocks when a backstroker is waiting to start.
- Warm up and warm down lanes, if provided by the host team, will operate under the same rules and regulations as general warm up lanes, with the exception that a maximum of 15 swimmers will be allowed in the warm-up/down lane at any one time.

Smoking or other use of tobacco products is prohibited by USA Swimming rules on the pool deck, in the locker room, in spectator seating or standing areas, and in all areas used by swimmers, during the meet or during the warm up periods in connection with the meet (102.25).

Glass containers are strictly prohibited in the pool area.

Alcoholic beverages is prohibited by USA Swimming rules on the pool deck, in the locker room, in spectator seating or standing areas, and in all areas used by swimmers, during the meet or during the warm up periods in connection with the meet (102.26).

**2009 Aqua Posse International LC Swim Meet**  
*July 10<sup>th</sup>-12<sup>th</sup>, 2009*

**SESSION 1 Friday July 10, 2009**

**Warm-up      7:00 AM**  
**Meet Starts    8:15 AM**

<b>Women</b>	<b>Age</b>	<b>Event</b>	<b>Men</b>
1	11-12	200 Med. Relay	2
3	10 & Under	200 Med. Relay	4
5	11-12	200 Fly	6
7	10 & Under	50 Free	8
9	11-12	50 Breast	10
11	10 & Under	50 Fly	12
13	11-12	50 Fly	14
15	10 & Under	100 Breast	16
17	11-12	200 Breast	18
19	10 & Under	100 Back	20
21	11-12	100 Back	22
23	10 & Under	200 Free	24
25	11-12	200 Free	26

Time Trials will begin 15 minutes after end of session 1.

**SESSION 2 Friday July 10, 2009**

**Warm-up      2:00 PM**  
**Start          3:15 PM**

<b>Women</b>	<b>Age</b>	<b>Event</b>	<b>Men</b>
27	13 -14	400 Med. Relay	28
29	15 & Over	400 Med. Relay	30
31	13-14	200 Fly	32
33	15 & Over	200 Fly	34
35	13-14	100 Free	36
37	15 & Over	100 Free	38
39	13-14	100 Breast	40
41	15 & Over	100 Breast	42
43	13-14	200 Back	44
45	15 & Over	200 Back	46
47	13-14	400 IM	48
<b>BB 6:31.09</b>			<b>BB 6:13.19</b>
49	15 & Over	400 IM	50
<b>BB 6:19.29</b>			<b>BB 5:54.39</b>

**2009 Aqua Posse International LC Swim Meet**  
 July 10<sup>th</sup>-12<sup>th</sup>, 2009

**SESSION 3 Saturday July 11, 2009**

**Warm-up      7:00 AM**  
**Meet Starts    8:15 AM**

<b>Women</b>	<b>Age</b>	<b>Event</b>	<b>Men</b>
51	10 & Under	200 Free Relay	52
53	11-12	400 Free Relay	54
55	10 & Under	100 Fly	56
57	11-12	100 Fly	58
59	10 & Under	50 Back	60
61	11-12	50 Back	62
63	10 & Under	100 Free	64
65	11-12	100 Free	66
67	10 & Under	50 Breast	68
69	11-12	100 Breast	70
71	10 & Under	200 IM	72
73	11-12	200 Back	74
75	9-10	400 Free	76
<b>BB 6:51.59</b>			<b>BB 6:52.69</b>

Time Trials will begin 15 minutes after session 3.

**SESSION 4 Saturday July 11, 2009**

**Warm-up      2:00 PM**  
**Start            3:15 PM**

<b>Women</b>	<b>Age</b>	<b>Event</b>	<b>Men</b>
77	13-14	400 Free Relay	78
79	15 & Over	400 Free Relay	80
81	13-14	100 Fly	82
83	15 & Over	100 Fly	84
85	13-14	200 Free	86
87	15 & Over	200 Free	88
89	13-14	100 Back	90
91	15 & Over	100 Back	92
93	13-14	200 Breast	94
95	15 & Over	200 Breast	96
97	13 & Over	**1500 Free	98
	<b>Girls 13-14 BB 22:23.09</b>	<b>Boys 13-14 BB 21:35.39</b>	
	<b>Girls 15-O BB 22:10.69</b>	<b>Boys 15-O BB 20:49.49</b>	

\*\* (fastest to slowest)

**2009 Aqua Posse International LC Swim Meet**  
*July 10<sup>th</sup>-12<sup>th</sup>, 2009*

**SESSION 5 Sunday July 12, 2009**

**Warm-up      8:00 AM**  
**Start            9:15 AM**

<b>Women</b>	<b>Age</b>	<b>Event</b>	<b>Men</b>
99	11-12	400 Free	100
	<b>Girls 11-12 BB 6:00.09</b>	<b>Boys 11-12 BB 5:54.39</b>	
101	13 & Over	400 Free	102
	<b>Girls 13-14 BB 5:42.29</b>	<b>Boys 13-14 BB 5:27.99</b>	
	<b>Girls 15-O BB 5:34.69</b>	<b>Boys 15-O BB 5:14.39</b>	
103	11-12	200 IM	104
105	13-14	200 IM	106
107	15 & Over	200 IM	108
109	11-12	50 Free	110
111	13-14	50 Free	112
113	13 & Over	50 Free	114

Time Trials will begin 15 minutes after session 5.

**2009 Aqua Posse International LC Swim Meet**  
*July 10<sup>th</sup>-12<sup>th</sup>, 2009*

MEMBERSHIP CERTIFICATION AFFIDAVIT

I, \_\_\_\_\_, the team entries chairperson for \_\_\_\_\_,  
certify that all swimmers and coaches listed on the attached INDIVIDUAL ENTRY FORMS OR HY-TEK  
DISK are currently registered members of USA Swimming or FINA.

I agree that if any of the swimmers or coaches are NOT properly registered with USA Swimming or FINA that  
our team, \_\_\_\_\_, will pay \$100 fine per event for each  
improperly registered swimmer or coach.

\_\_\_\_\_

Date

\_\_\_\_\_

Team Entries Chairperson

**2009 Aqua Posse International LC Swim Meet**  
 July 10<sup>th</sup>-12<sup>th</sup>, 2009

INDIVIDUAL ENTRY FORM

SWIMMER'S NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ AGE: \_\_\_\_\_  
 Please Print Clearly Last, First, M.I.

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

USA SWIMMER REGISTRATION. #: \_\_\_\_\_ TEAM AFFILIATION : \_\_\_\_\_

SEX: M / F

*All times must be entered in Long Course Meters*

Event #	Distance	Stroke	Entry Time
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____
_____	50 100 200 400 1500	FREE BACK BRST FLY IM	_____:_____._____

TOTAL NUMBER OF EVENTS \_\_\_\_\_ x \$3.50 = \$ \_\_\_\_\_

\*\* \$2.00 Processing Fee (per swimmer) for paper only entries. \$ \_\_\_\_\_

**Total Individual Fees: \$ \_\_\_\_\_**

**Held under the sanction of USA Swimming**

**2009 Aqua Posse International LC Swim Meet**  
**July 10<sup>th</sup>-12<sup>th</sup>, 2009**

**TEAM MASTER ENTRY FORM – ONE PER TEAM**

TEAM : \_\_\_\_\_ CLUB CODE : \_\_\_\_\_

Total Number of Individual Events \_\_\_\_\_ X \$3.50 (Includes \$1.00 Border Splash Fee) = \$ \_\_\_\_\_

Total Number of Relay Events \_\_\_\_\_ X \$5.00 = \$ \_\_\_\_\_

TOTAL FEES FOR TEAM \$ \_\_\_\_\_

*Please send ONE Team Check payable to EPAP - Thank you.*

I CERTIFY THAT ALL SWIMMERS FROM \_\_\_\_\_  
SWIM TEAM, ENTERED IN THE JULY 10-12, 2009, *Aqua Posse International LC Swim Meet*, ARE CURRENT REGISTERED MEMBERS OF  
USA SWIMMING or FINA.

\_\_\_\_\_  
SIGNATURE DATE

\_\_\_\_\_  
PRINTED NAME & TEAM POSITION

ONE COPY OF FINAL RESULTS WILL BE PROVIDED TO EACH REGISTERED TEAM. PROVIDE THE NAME AND ADDRESS WHERE  
RESULTS ARE TO BE SENT:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
City, State ZIP

LIST ALL COACHES ATTENDING BELOW FOR USA SWIMMING REGISTRATION VERIFICATION. PLEASE PRINT

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_